MYSTICLAND IN SCHOOL

GRADE 1

GUARDIANS OF THE WORLD (EVS)

PROJECT GUIDE

Dear Teacher,

This is a collection of five interesting projects with respective rubrics that can be given out to learners during their MysticLand EVS Programme. They have been put together under the guidelines of NEP 2020.

Please note that projects are not compulsory for completion of the course. If as a school, your preference is to conduct test-based assessments, question banks are a part of your Teacher Tools Google Folder. If you would prefer a project-based assessment, this guide will be useful.

PROJECT TITLES FOR GRADE 1

1. **My Identity Poster** (Hands-on Activity and Creative)
2. **Make a Fitness Poster** (Hands-on Activity, Research-Based, and Creative)
3. **My Favourite Plant** (Hands-on Activity, Research-Based, and Creative)
4. **Traffic Safety Poster** (Hands-on Activity and Creative)
5. **Water Use Chart + Save Water Poster** (Hands-on Activity, Research-Based, and Creative)

Project Title #1: My Identity Poster

Chapter: Me and my world

Project Type

☑ Hands-on Activity ☐ Research-Based ☑ Creative

Objective

Students will explore their identity by creating a personal poster, showcasing their name, appearance, family, and interests.

Instructions

Introduction:

- Every person is unique! Our identity includes our name, family, likes, and hobbies. Let us celebrate what makes us special!

Task:

- Draw yourself or stick a photo of yourself in the centre of a chart paper.
- Write your name in a creative style.
- Add details about yourself:
  - ✔ Your favourite food, colour, and hobby
  - ✔ Draw and label your family members
- Decorate your poster with colours, stickers, or drawings.
- Present your poster to the class, introducing yourself!

Materials Needed:

- Chart paper
- Crayons or coloured pencils
- Pencil and eraser
- Photos (optional)

Creative Guidelines:

- Use bright colours and big, clear letters.
- Make sure all details are easy to read.
- Add creative borders or small decorations.

Expected Outcome

A colourful, personalised poster showcasing the student's identity.

Evaluation Criteria

✔ Neatness and effort
✔ Clear personal details (name, family, favourites)
✔ Creativity in design

Submission Format

✔ An identity poster

Project Title #2: Make a Fitness Poster

Chapter: Exercise is Fun

Project Type

☑ Hands-on Activity ☑ Research-Based ☑ Creative

Objective

Students will learn about different types of physical activities and how exercise helps us stay healthy.

Instructions

Introduction:

- Exercise keeps our body strong and our mind fresh! There are different types of exercises—running, yoga, dancing, and sports.

Task:

- Create a poster showing at least five exercises. Draw the exercise poses or stick photos.
- Label each activity (eg, "Jumping Jacks", "Cycling", "Skipping"). Give one point on how each activity helps the body.
- Write a short slogan about fitness (eg, "Keep moving, keep growing!").

Materials Needed:

- Chart paper
- Markers
- Crayons or coloured pencils
- Glue and craft materials

Research Pointers:

- Research different types of physical activities.
- Learn how they help the body.
- Learn the importance of exercising regularly.

Creative Guidelines:

- Use bright, bold colours.
- Make the activities clear and easy to understand.
- Add a motivational slogan for fitness.

Expected Outcome

A colourful fitness poster showing different exercises and their benefits.

Evaluation Criteria

✔ Clarity of information
✔ Neatness and effort
✔ Creativity and design

Submission Format

✔ Handmade fitness poster

Project Title #3: My Favourite Plant

Chapter: The wonderful world of plants

Project Type

☑ Hands-on Activity ☑ Research-Based ☑ Creative

Objective

Students will research and describe their favourite plant, learning about its type, uses, and habitat.

Instructions

Introduction:

- Plants give us food, oxygen, and beauty. Different plants grow in different places and have unique uses.

Task:

- Choose your favourite plant. Draw it or stick a photo of it.
- Find out and write about:
  - ✔ Which type of plant it is (tree, shrub, herb, climber, or creeper).
  - ✔ Where it grows (which region on Earth).
  - ✔ Its size and appearance (small, medium, or tall).
  - ✔ How humans use it (for food, medicine, wood, decoration, etc.).
  - ✔ Does it have flowers or fruits?

Materials Needed:

- Chart paper
- Crayons or coloured pencils
- Pencil and eraser

Research Pointers:

- Learn about types of plants and their uses.

Creative Guidelines:

- Make a clear and colourful drawing of the plant.
- Write in simple and neat handwriting.
- Use labels to highlight plant features.

Expected Outcome

A well-researched description and drawing/picture of a plant, explaining its uses and growth.

Evaluation Criteria

✔ Accuracy of plant details
✔ Neatness and handwriting
✔ Creativity in presentation

Submission Format

✔ A written factsheet + drawing

Project Title #4: Traffic Safety Poster

Chapter: Transportation around me

Project Type

☑ Hands-on Activity ☐ Research-Based ☑ Creative

Objective

Students will understand the importance of road safety and design a poster to promote safe traffic habits.

Instructions

Introduction:

- Roads are busy places! To stay safe, we must follow traffic rules like stopping at red lights and looking both ways before crossing.

Task:

- Draw a traffic scene with roads, vehicles, and traffic signals.
  Include at least three traffic safety rules, such as:
  - ✔ Traffic lights and their meanings
  - ✔ Wear helmets and seat belts
  - ✔ Walk on the footpath
- Write a safety slogan (eg, "Follow Rules, Stay Safe!" or "Stop. Look. Cross!").

Materials Needed:

- Chart paper
- Crayons or coloured pencils
- Pencil and eraser

Research Pointers:

- Learn about traffic lights and their meanings
- Research about traffic safety rules
- Learn why footpaths are important

Creative Guidelines:

- Use bright colours for signs and signals.
- Make the safety rules clear and visible.
- Add characters like pedestrians, cyclists, and drivers.

Expected Outcome

A traffic safety poster highlighting important road rules.

Evaluation Criteria

✔ Accuracy of safety rules
✔ Creativity and clarity
✔ Neatness and effort

Submission Format

✔ Drawing/Poster

Project Title #5: Water Use Chart + Save Water Poster

Chapter: The many uses of water

Project Type

☑ Hands-on Activity ☑ Research-Based ☑ Creative

Objective

Students will track their daily water usage and learn practical ways to reduce water waste. They will also design a creative poster to spread awareness about water conservation.

Instructions

Introduction:

- Water is essential for life. We use it every day for drinking, cooking, bathing, and cleaning. However, fresh water is limited, and it is important to use it wisely. By tracking our daily water use, we can understand how much we consume and find ways to save it.

Task:

Water use chart:

- For one full day, note down every time you use water.
- Create a table with three columns:
  - ✔ Activity (Drinking, Brushing, Bathing, etc.)
  - ✔ Estimated Water Used (number of mugs or cups)
  - ✔ How could I have saved water? (eg, "Turn off the tap while brushing")

Save water poster:

- Design a poster to encourage people to save water.
- Include:
  - ✔ A slogan (eg, "Save Water, Save Life!" or "Every Drop Counts!").
  - ✔ Three simple water-saving tips.
  - ✔ A colourful drawing (eg, a dripping tap, a happy water droplet, or Earth holding a water bucket).

Materials Needed:

- Notebook or worksheet for the chart
- Chart paper for the poster
- Crayons, coloured pencils, or markers

Research Pointers:

- How much water does a person use daily?
- What are the best ways to save water at home and school?

Creative Guidelines:

- The chart should be neat and well-organised.
- The poster should be bright, engaging, and informative.

Expected Outcome

Students will understand their water consumption and suggest ways to reduce waste. They will also create an impactful poster to promote water conservation.

Evaluation Criteria

- ✔ Completeness of the water use chart
- ✔ Creativity in the poster design
- ✔ Practicality of water-saving suggestions

Submission Format

- ✔ A completed water use chart + a handmade poster